

BIOGRAPHICAL SKETCH

Michael Myers, MD

Dr. Myers is a recent past Vice-Chair of Education and Director of Training in the Department of Psychiatry & Behavioral Sciences at SUNY-Downstate Health Sciences University in Brooklyn, NY. He is Professor of Clinical Psychiatry at the same institution where he continues to teach, serve as Ombudsperson for medical students, and Co-Chair the Dean's Learning Environment Committee.

Dr Myers graduated in medicine from the University of Western Ontario in 1966 and did residencies at Los Angeles County-USC Medical Center, Wayne State University (Detroit General Hospital), and the University of British Columbia. From 1973 until 2008, he taught half-time at UBC and was in private practice half-time in Vancouver. He is board certified in Psychiatry by both the Royal College of Physicians & Surgeons of Canada and the American Board of Psychiatry & Neurology.

Dr. Myers is the author (or co-author) of ten books: *Physicians With Lived Experience: How Their Stories Offer Clinical Guidance* (APA Publishing Forthcoming 2025); *Becoming a Doctors' Doctor: A Memoir* (Amazon September 2020); *Why Physicians Die by Suicide: Lessons Learned From Their Families and Others Who Cared* (Amazon 2017); *The Physician As Patient: A Clinical Handbook for Mental Health Professionals* (with Glen Gabbard, American Psychiatric Publishing, Inc., 2008); *Touched By Suicide: Hope and Healing After Loss* (with Carla Fine, Gotham/Penguin Books, 2006); *The Handbook of Physician Health* (with Larry Goldman and Leah Dickstein, American Medical Association, 2000); *Intimate Relationships in Medical School: How to Make Them Work* (Sage Publications, 2000); *How's Your Marriage? A Book for Men and Women* (American Psychiatric Press Inc., 1998); *Doctors' Marriages: A Look at the Problems and Their Solutions* (Second Edition, Plenum, 1994); *Men and Divorce* (Guilford, 1989).

His publications also include over 150 articles, book chapters, letters, book reviews, blog posts, and 8 videotapes covering a range of topics in physician health. "When Physicians Die by Suicide: Reflections of Those They Leave Behind" was endorsed by 16th US Surgeon General Dr David Satcher: "*This video is an important effort in getting out a message to destigmatize and describe this serious problem whose aftermath is characterized by personal pain, social and family disruption, and loss of such productivity and promise.*"

Dr Myers was in private practice for 35 years and treated over 700 medical students and physicians as patients. Since 2009, he has served on the Advisory Board of the Committee for Physician Health of the Medical Society of the State of New York and conducts independent medical examinations. He also serves on the Committee on Well-Being and Burnout of the American Psychiatric Association.

Dr. Myers has received over 45 awards and honors for excellence in teaching and service to physicians from universities and medical associations both here and abroad. In 2022, he received a Presidential Commendation from the American Psychiatric Association for his clinical research, teaching, and advocacy in physician health and suicide.

He is a Distinguished Life Fellow of both the American and Canadian Psychiatric Associations, a Fellow of the New York Academy of Medicine, and a Life Fellow of the Royal Society of Medicine (England). He is a recent Past President of the New York City Chapter of the American Foundation for Suicide Prevention.

Dr Myers lectures extensively throughout North America and beyond. His website is: www.michaelfmyers.com.